



Cap sur l'école inclusive
en Europe



Pedagogical sheet

BULLYING IN THE CLASSROOM

Activity to be developed in an ICT lesson

Section of the module /E

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Objectives

- Researching about the definition of *bullying*.
- L..... *bullying*.
- Discussing the different types of *bullying*.
- Reflecting about its consequences
- Making an informative leaflet
- Making a video

Principles and theoretical fundaments on the basis of the theory

Bullying means all types of physical, verbal, intentional and repetitive torture, made by one or more aggressors against a certain victim. Bullying can happen in any environment where there is an interpersonal contact, in a club, in the family or at school.

Little by little, the effective fight against bullying has gained importance in the means of communication and NGOs committed to anti-bullying campaigns. This is happening because that practice has increased in the last few years.

Conflicts among children and adolescents are common, because it is the age of insecurity and self-assertion. However, when disputes are frequent and end up in humiliation that's where bullying proliferates.

At school, the aggressions are usually practised far from the school staff and teachers. They usually happen on the way in or out of the building or even when the teachers are not around- they may also happen in a silent way, in the classroom, in the presence of a teacher, with gestures, notes, etc. the physical aggressions are more difficult to hide and quite often they make the family transfer the child to another school.

The aggressor usually has a twisted or sick mind and has sometimes also suffered bullying. What makes him practise bullying is the fact that he wants to be more popular, to feel powerful and get a good image of himself. He is a person who hasn't learned how to change rage into dialogue and to who the suffering of the other is not a reason for him to stop acting like that. The aggressor is not only like this at school. Usually he has a family relationship where everything is solved with verbal or physical violence and he replicates that in the school environment. He looks for victims that are usually different from the majority for any particular reason. The favourite targets are.

- the new students
- those who are extremely shy
- those who have physical traits that are out of the standard
- those who have excellent grades, which makes them envious and provokes revenge from those who are less good students

The victims of bullying get affected and that wound may last for a long time – sometimes for their life long. In some cases, the psychological help is fundamental to soften living with such hard memories.

Target public

Courses of Education and Training of Basic Education

Material / Instruments :

- Computer
- Internet
- Text processor
- Printer
- Paper
- □Microsoft Publisher
- Software to make the film

Bibliography/ References :

Webgraphy:

<https://www.todamateria.com.br/bullying/>

<http://www.uniara.com.br/cop/artigos/bullying-escolar-na-adolescencia/>

Presentation of the methodology (description of the Activity)

The students should:

- Research on Internet about the definition of bullying in the ICT lesson.
- Identify the different types of bullying and present their consequences
- Save the research in a file.
- Form groups

One of the groups will make a film with the images that have been previously saved during the dramatization made in the Portuguese Language lesson.

The film will be saved in the computer and the assembly of the scenes will be made with the help of an appropriate program for making films. Later, the film will be published on a *Facebook* page.

The other group will be responsible for making an informative leaflet about bullying, which will be printed and disseminated.

Skills affected

- Communication in the mother tongue;
- Self-assertion skills;
- Civic skills;
- Digital skills
- Spirit of entrepreneurship
- Using social networks as a resource for teaching

Evaluation:

It is measured by the ability of the student to:

- Research on Internet of information about bullying
- Make a film using the recording made in the Portuguese Language lesson
- Make an informative leaflet about bullying